

INTERESTS

Since getting to know yourself and what you want in life is really important, the following questionnaires will help you gain insight into yourself. Rate your interests by making a mark in the appropriate box on the 5-point scale. The following meanings can be attached to the 5-point scale:

- 1) NOT AT ALL INTERESTED 2) MINIMALLY INTERESTED
3) PARTIALLY INTERESTED 4) VERY INTERESTED 5) EXTREMELY INTERESTED

	1	2	3	4	5		1	2	3	4	5
Learning about the sea						Reading/writing original essays					
Horse-riding						Debating					
Listening to friends' problems						Playing sport					
Acting in plays						Organising sport					
Mathematics						History					
Crafts						Buying and selling					
Art						Waitressing					
Designing clothes						Learning a new language					
Designing interiors						Learning about other people					
Pottery						Architecture					
Accounting						Training dogs					
Geography						Motor mechanics					
Bird-watching						Computers/IT					
Game-watching						Listening to music					
Hiking						Organising people					
Working with animals						Influencing people					
Gardening						Politics					
Collecting insects						Learning how people think					
Aerobics						Cycling					
Body building						Being at the seaside					
Working with your hands						Boating					
Fixing things						Swimming					
Biology						Thinking of business ideas					
Physical Science						Making money					
Doing experiments						Helping poor people					
Running						Doing paperwork					
Doing crossword puzzles						Visiting art galleries					
Socialising						Visiting museums					
Learning how a hotel works						Learning about antiques					
Cooking						Helping people					
Entertaining friends						Raising funds for charity					

When choosing possible careers, remember to take into account the interests that you have marked 4 or 5. These choices describe your interests most accurately!

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